

2025 Class Schedule

Northern California Ballet

Tuesday	4:00pm to 5:00pm	Pre-Ballet
	4:00pm to 5:00pm	Ballet I and II
	5:00pm to 6:30pm	Ballet III, IV, and V
	6:30pm to 7:30pm	Variations (by invitation only)
Wednesday	4:30pm to 6:00pm	Ballet III, IV, and V
	6:00pm to 7:00pm	Pre-pointe, Beginning and Intermediate Pointe
	7:00pm to 8:00pm	Beginner Adult Ballet
Thursday	4:00pm to 5:00pm	Ballet I and II
	5:00pm to 6:30pm	Ballet III, IV and V
	6:30pm to 7:30pm	Conditioning, Stretching, Injury Prevention (levels III, IV and V)
Friday	4:00pm to 5:00pm	Ballet II and III
	5:00pm to 6:30pm	Ballet III, IV and V
	6:30pm to 7:30pm	Pas de Deux (by invitation only)
Saturday	9:30am to 10:30am	Ballet I and II
	10:30am to 12:00pm	Ballet III, IV and V
	12:00pm to 1:00pm	Pre-pointe, Beginning and Intermediate Pointe